

## TARGET SQUAD SC MEET PROGRAM – 29<sup>th</sup> & 30<sup>th</sup> July, 2017

### Session 1: Saturday 29<sup>th</sup> July - Warm up: 9am, Start: 10am

| Boys | Girls | Age           | Distance | Stroke       |
|------|-------|---------------|----------|--------------|
| 1    |       | Mixed All Age | 200m     | Time Trials  |
| 2    | 3     | 11/Under      | 100      | Freestyle    |
| 4    | 5     | 12-13         | 100      | Freestyle    |
| 6    | 7     | 14/15         | 100      | Freestyle    |
| 8    | 9     | 16/Over       | 100      | Freestyle    |
| 10   | 11    | 11/Under      | 100      | Breaststroke |
| 12   | 13    | 12-13         | 100      | Breaststroke |
| 14   | 15    | 14/15         | 100      | Breaststroke |
| 16   | 17    | 16/Over       | 100      | Breaststroke |
| 18   | 19    | 11/Under      | 100      | Backstroke   |
| 20   | 21    | 12-13         | 100      | Backstroke   |
| 22   | 23    | 14/15         | 100      | Backstroke   |
| 24   | 25    | 16/Over       | 100      | Backstroke   |

### Session 2: Saturday 29<sup>th</sup> July - Start: 30 minutes after Session 1

| Boys        | Girls       | Age      | Distance | Stroke       |
|-------------|-------------|----------|----------|--------------|
| 26          | 27          | Open     | 400      | Freestyle    |
| 28          | 29          | 11/Under | 50       | Freestyle    |
| 30          | 31          | 12-13    | 50       | Freestyle    |
| 32          | 33          | 14/15    | 50       | Freestyle    |
| 34          | 35          | 16/Over  | 50       | Freestyle    |
| 36          | 37          | 11/Under | 100      | Butterfly    |
| 38          | 39          | 12-13    | 100      | Butterfly    |
| 40          | 41          | 14/15    | 100      | Butterfly    |
| 42          | 43          | 16/Over  | 100      | Butterfly    |
| 44F (10/12) | 45F (11/13) | 13/Under | 100      | Breaststroke |
| 46F (14/16) | 47F (15/17) | 14/Over  | 100      | Breaststroke |
| 48F (18/20) | 49F (19/21) | 13/Under | 100      | Backstroke   |
| 50F (22/24) | 51F (23/25) | 14/Over  | 100      | Backstroke   |
| 52F (36/38) | 53F (37/39) | 13/Under | 100      | Butterfly    |
| 54F (40/42) | 55F (41/43) | 14/Over  | 100      | Butterfly    |
| 56F (2/4)   | 57F (3/5)   | 13/Under | 100      | Freestyle    |
| 58F (6/8)   | 59F (7/9)   | 14/Over  | 100      | Freestyle    |

### Session 3: Sunday 30<sup>th</sup> July - Warm up: 9am, Start: 10am

| Boys | Girls | Age      | Distance | Stroke          |
|------|-------|----------|----------|-----------------|
| 60   | 61    | Open     | 400      | IM              |
| 62   | 63    | 11/Under | 50       | Freestyle Skins |
| 64   | 65    | 11/Under | 4 x 50   | Freestyle Relay |
| 66   | 67    | 12/13    | 50       | Freestyle Skins |
| 68   | 69    | 12/13    | 4 x 50   | Freestyle Relay |
| 70   | 71    | 14/Over  | 50       | Freestyle Skins |
| 72   | 73    | 14/Over  | 4 x 50   | Freestyle Relay |
| 74   | 75    | 11/Under | 4 x 50   | Medley Relay    |
| 76   | 77    | 12/13    | 4 x 50   | Medley Relay    |
| 78   | 79    | 14/Over  | 4 x 50   | Medley Relay    |

### Conditions of Entry

- Age as at 29<sup>th</sup> July, 2017
- Entries close 5pm, 29<sup>th</sup> June, 2017
- Events scored to 10th place (26, 23, 20, 17, 14, 11, 8, 5, 3, 1)
- No Points awarded for Event 1 - 200m Time Trials
- Each swimmer can only enter in 1 x 200m event and must have a QT within 2 sec of the 2016 SC State Age QT for that stroke
- Swimmers who qualify in a 200m stroke at 2017 SC State Age cannot enter that stroke in Event 1
- Swimmers may enter a maximum of 3 individual events on the Saturday (not including the 200m Time Trials).
- Each area may enter a maximum of 3 swimmers per Skins event. Swimmers will be eliminated after each heat per round until the final 8 swimmers are left.
- Skins swimmers are ineligible to compete in the freestyle relay unless the team is deemed 'small' and approval is sought and approved prior to entries closing.
- Areas may enter up to 2 teams per relay event (per age and gender).
- No relay changes will be made after the completion of Session 2 on Saturday.
- 100m events will be run as normal in session 1. The fastest 4 swimmers from each of the indicated age groups - top 8 will qualify for "finals" which will be swum in Session 2. These finals will be run as 13/U and 14/O age groups.
- 400 events are limited to 2 swimmers per Area.
- Swimmers entered in the 400IM must have competed in the 200IM at LC State Age.
- Swimmers must be a member of the Area Junior or Senior Target Squad to enter.
- Final point score will be determined based on the Area point score divided by the number of entries swum for that Area.
- The Meet Director reserves the right to change the program as required.
- Spectator fee of TBA per spectator applies at TBA Aquatic Centre
- Meet Mobile will NOT be available for this meet.