



**Swimming Metropolitan North East
Minutes - Management Committee Meeting
21 February 2018
Start 19.30pm at Belrose Bowling Club**

Subject	Details
Chair	Meeting opened at 19:30 pm with Judy Tier as the chair.
Apologies	Graeme Field, Ariel Darley
In Attendance	Judy Tier, Bronwyn Hewish, Peter Shell, Dennis Gorrick, Cameron Gledhill, Ben Ramsden
Minutes	Approved Minutes from previous meeting.
Matters arising	<p>Moved by Judy; seconded by Dennis. Carried</p> <ul style="list-style-type: none"> • Nil
Treasurer – Ariel Darley	Deferred
Development Committee Report – Cameron Gledhill	<p>Cameron provided an outline of the following report:</p> <ul style="list-style-type: none"> – SMNE National A Squad – General outline <p>The purpose of the A squad, is to identify habits or gaps in swimmers knowledge or skill, and provide them with knowledge that will allow them to be overcome. The program targets the differences in knowledge and skill between National Age qualifiers, Finalists and place getters.</p> <p>The squad will comprise</p> <ul style="list-style-type: none"> – at least 3 race clinics over the year: Clinics focusing on skills in parallel with races to identify problems and test new skills. – Group training sessions on several mornings over the years, with coaches and swimmers from SMNE clubs training together, to share skills and resources. <p>The end state for all swimmers should be to improve ranking at the following Age National Championship, with the intent of making finals.</p> <ul style="list-style-type: none"> – Execution <p>There will be 3 Mini-clinics/Race Days in 2018.</p> <p>Tentative dates are as follows:</p>

13-May-18	A Squad Clinic 1 PROPOSED	3hrs
10-Jun-18	A Squad Clinic 2PROPOSED	3hrs
14-Oct-18	A Squad Clinic 3 PROPOSED	3hrs

Each clinic will comprise the following:

- Race components will be FUN, FAST and timed but not for official times. The intent is to work on competition skills within a learning environment.
- The clinics will also be an opportunity for coaches to network and share skills and knowledge for the benefit of the swimmers.
- SMNE is seeking corporate partners for these meets, who will set up stalls/stands to offer swimming products and equipment advice during the day.
- The races will include relays and events that are not on normal programs. (Broken swims, Skins events etc.) Events will be judged on place and timed but times will not be official – the program targets competition.
- SMNE is attempting to source prizes for some events.
- SMNE will invite corporate suppliers to participate

Group training comprise the following:

- Sessions be run by SMNE coaches throughout the year at dates to be advised, with swimmers divided into focus groups (Sprint/Distance, Stroke Groups, IM).
- These sessions will be regularly spaced and scheduled in advance so that the swimmers can track improvement, and test and adjust strategies and skills learned in the clinics and training sessions.
- Coaches are working on session content to suit the swimmers and the squad goals, and will adjust this throughout the year to match the progress of the swimmers

The Head coach and participating coaches will also consult closely with SNSW in developing the program to ensure:

- the content is aligned with the SNSW elite pathways
- SNSW resources and tools are available to the program as needed
- To assist in exposure of coaches to best available resources
- Selection

SMNE will invite SMNE swimmers to join the National A squad. The selection will be based on swimmers PBs at official meets, targeting National Qualifiers but will not be limited to swimmers who have already competed at Nationals already. Younger swimmers with skills that better fit the SMNE A squad than other SMNE squads

	<p>may be invited to the A squad, or to participate in some elements of it in addition to their regular development squad.</p> <p>The number of places will be limited, and selection is a competitive process.</p> <p>All SMNE coaches may participate, though the focus will be on early and mid career coaches of elite swimmers from SMNE clubs. These coaches have the necessary expertise for intensive teaching and will benefit from an opportunity to collaborate and work with NSW resources.</p>
Competitions– Dennis Gorrick	<p>Dates of upcoming meets:</p> <ul style="list-style-type: none"> • NSW Speedo Finals – 10 March 2018 at SOPAC • SMNE Winter Championships 26 and 27 May 2018 • SMNE 13U Summer Sprint Meet 7 October 2018 • SMNE Summer Championships 3 and 4 November 2018 • SMNE SC Distance Event for Winter Champs • SMNE LC Distance Event for Summer Champs <p>There was a lengthy discussion concerning the programme for the winter championships and a proposal to settle that programme was agreed. Subsequent to this meeting the Committee agreed to revisit the programme and process at the request of Ariel, at the next meeting.</p>
Technical – Ben Ramsden	<p>Ben noted his intention to stand down from the Committee after 8 years. Ben was congratulated for his considerable contribution to SMNE and swimming development.</p>
General Business	<p>The exclusion of the parent (agreed previously) has been confirmed following a request for a review without further evidence.</p>
Next Meeting	11 April 2018
Conclusion	9.05 pm
President Approval	