

2019 SMNE LC Qualifying Meet
Held at SOPAC on 24 March
Session Report

Session: 1 Day One - Session 1

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 35 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	1 Men Open 100 Freestyle	09:00 AM	_____
Finals	2 Women Open 100 Freestyle	09:10 AM	_____
Finals	3 Men Open 400 IM	09:22 AM	_____
Finals	4 Women Open 400 IM	09:27 AM	_____
Finals	5 Men Open 100 Backstroke	09:34 AM	_____
Finals	6 Women Open 100 Backstroke	09:42 AM	_____
Finals	7 Men Open 50 Freestyle	09:54 AM	_____
Finals	8 Women Open 50 Freestyle	10:02 AM	_____
Finals	9 Men Open 200 Butterfly	10:11 AM	_____
Finals	10 Women Open 200 Butterfly	10:15 AM	_____
Finals	11 Men Open 200 Breaststroke	10:21 AM	_____
Finals	12 Women Open 200 Breaststroke	10:28 AM	_____
	Swimmers Counts for Warm-ups: 253		
	Finish Time	10:43 AM	_____

Session: 2 Day One - Session 2

Day of Meet: 1 Starts at 10:44 AM Heat Interval: 35 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	13 Men Open 200 IM	10:44 AM	_____
Finals	14 Women Open 200 IM	10:57 AM	_____
Finals	15 Men Open 100 Butterfly	11:13 AM	_____
Finals	16 Women Open 100 Butterfly	11:20 AM	_____
Finals	17 Men Open 400 Freestyle	11:27 AM	_____
Finals	18 Women Open 400 Freestyle	11:43 AM	_____
Finals	19 Men Open 100 Breaststroke	11:59 AM	_____
Finals	20 Women Open 100 Breaststroke	12:05 PM	_____
Finals	21 Men Open 200 Backstroke	12:17 PM	_____
Finals	22 Women Open 200 Backstroke	12:27 PM	_____
Finals	23 Men Open 200 Freestyle	12:38 PM	_____
Finals	24 Women Open 200 Freestyle	12:49 PM	_____
	Swimmers Counts for Warm-ups: 242		
	Finish Time	01:00 PM	_____